

10 Keys to Long Term Success (30 DAY PLAN)

		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
1	CELEBRATE SMALL VICTORIES																														
2	BE HONEST																														
3	WELCOME FAILURE																														
4	SIMPLIFY																														
5	BE GRATEFUL																														
6	BECOME A SPECIALIST																														
7	SEEK CRITICISM																														
8	GIVE VALUE																														
9	TAKE CARE OF YOURSELF																														
10	HAVE FUN																														

Check off a box for each time in the 30 days you do one of the activities.
Remember, you don't have to fill them all out. And this is not to put pressure on you.
Just observe. Learn from it this month and work on it for next month.



1	CELEBRATE SMALL VICTORIES	Find the time today to say to yourself, "Good job!" on anything.
2	BE HONEST	Find one thing today to be honest with yourself or someone about.
3	WELCOME FAILURE	Reflect on a failure, be okay with it, and learn from it
4	SIMPLIFY	Cut one thing out that you don't need to do today (busy work)
5	BE GRATEFUL	Write or speak one thing you are grateful for
6	BECOME A SPECIALIST	Do something today that is part of your laser-focused plan
7	SEEK CRITICISM	Ask for feedback on something today
8	GIVE VALUE	Offer help or resources to someone
9	TAKE CARE OF YOURSELF	Do at least one thing for your body, mind, or soul
10	HAVE FUN	Find one thing to smile about

Read the entire post at <http://joegirard.ca/10-keys-to-long-term-success>

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